

The Sport Parent's Commitment Continued

- I ensure proper rest, hydration and nutrition for my child.
- I am on time for practices and competitions.
- I control my temper and use of bad language
- I am courteous and respectful to all parents on my child's team and the opposing team.
- I stay active and fit as a role model.
- I never let an emphasis on sport create an imbalance in my child's life.
- I do not harass, bully or abuse anyone involved in my child's sport
- I ask my child if they had fun, and then ask why or why not.
- I will follow the policies and procedures of the sport.
- I will work with the sport to provide a safe environment for all participants.
- I will continue to invite communication with my child.