



National Coach Mentorship Program

Mentorship

DEFINITIONS

Mentor...

A wise and trusted teacher, advisor, counselor, instructor, tutor, trainer.

Mentoring...

A relationship between a guide (mentor) and a coach, which enables the coach to become more successful in all aspects of his/her coaching skills.

Mentoring involves...

Stimulating and managing the individual growth necessary to support coaching performance in the delivery programs beyond the present levels of delivery within the Canadian hockey system.

Benefits of mentoring...

Provides coaches with the required skills, knowledge and support to promote and sustain higher levels of performance within the coaching field.

Program Purpose

The purpose of this program is a result of direct action Hockey Canada and its member Branches have taken since the Coaching Association of Canada's evaluation of the NCCP in 1995 and the Molson Open Ice Summit on player development of 1999. In both events, it was determined that the mentoring of coaches at all levels and specifically minor hockey is the key to the future growth of coaching in Canada. The ultimate outcome is improved athlete development through the establishment of a national coach mentoring program. As a result, at the 2000 Annual General Meeting, the Board of Hockey Canada approved unanimously the creation and implementation of the National Coach Mentorship Program (NCMP) to foster the future growth of coaching and player development in Canada

National Coach Mentorship Program

Specialty Clinics

The Specialty Coach Clinic Program has been designed to act as a supplementary coaching education program to that of Hockey Canada Mentorship Program. This program is a non-certification, optional educational service to grass roots coaches in Canada administered and delivered by the 13 Branches.

The specialty clinics are short, 3 hour modules that involve classroom and on-ice sessions for coaches that can easily be run during the weekday evenings and/or weekends.

The instructional modules are based around newly created Hockey Canada resources that address player technical and tactical development as well as coaching effectiveness. The most important aspect is that the coaches learn how to teach.

Clinic Content - Program to include classroom and on-ice instruction

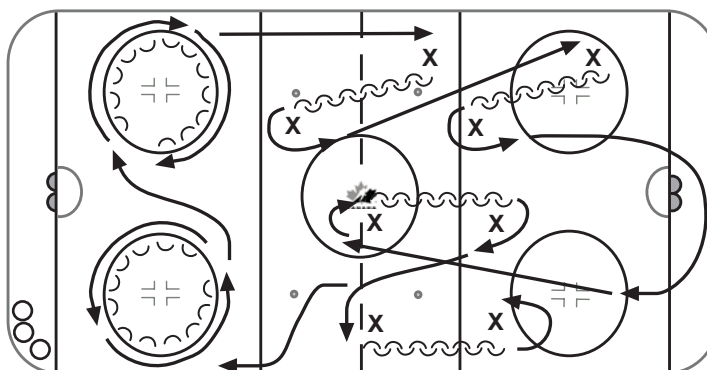
A series of specialty clinics have been developed to offer coaches a practical session on teaching various skills, tactics and systems. This proactive approach will also open the doors of communication and provide a non-threatening environment for coaches to further pursue a mentor.

The specialty clinic modules include:

- | | |
|-------------------------|---------------------------|
| 1) Skating | 6) Creative Thinking |
| 2) Puck Control | 7) Goaltending |
| 3) Shooting and Scoring | 8) Special Teams |
| 4) Checking | 9) Small Area Games |
| 5) Creating Offense | 10) Developing Defencemen |

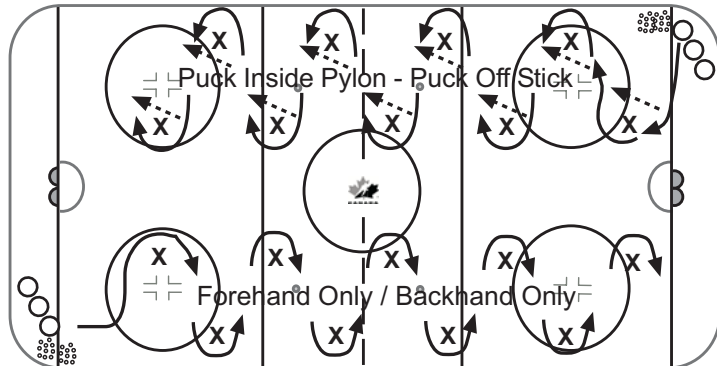
Sample Drills:

Skating

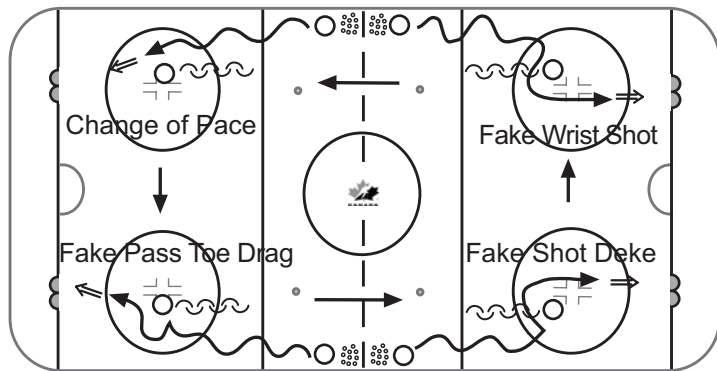


National Coach Mentorship Program

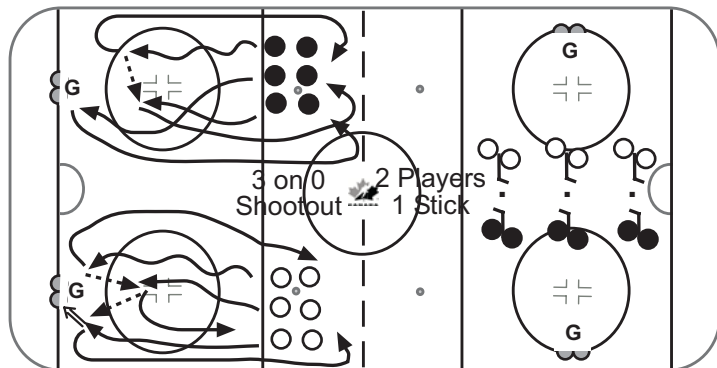
Puck Control



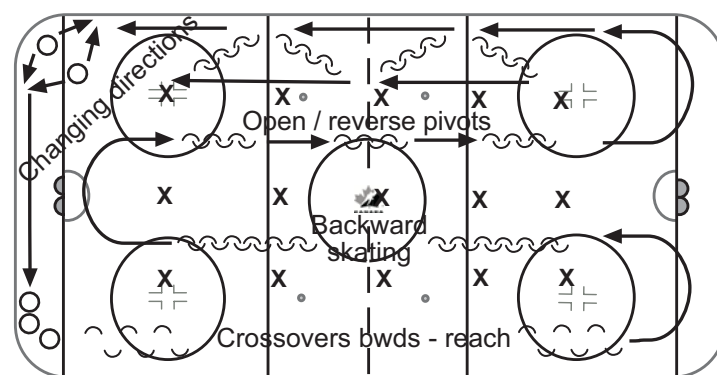
Shooting and Scoring



Small Area Games



Developing Defensemen



Contact your Branch for details on hosting a specialty clinic.



National Coach Mentorship Program

Local Association Specialty Clinics

Local associations are encouraged to host specialty clinics (especially at the beginning of the year) for all of their coaches. These clinics should cover – fair play code for association coaches, parent meetings, association philosophy on player development, mentorship, tools available to assist coaches, the association support mechanism for coaches and of course any technical hockey issues that coaches want to discuss. Depending on the size of the association, these are best offered by grouping the Novice coaches together, Atom coaches etc.