



HOCKEY CALGARY

CAN I ATTEND HOCKEY TODAY?

FAQ's

Q. Is an at home rapid test a confirmed positive?

A. Yes. <https://www.alberta.ca/covid-19-testing-in-alberta.aspx>

Q. If a coach tests positive for COVID-19, can they return to coaching after 5 days of isolation?

A. Fully vaccinated coaches that test positive for COVID-19 must isolate for 5 days or until symptoms resolve, whichever is longer. Coaches can return after completing the above isolation requirement but they MUST wear a mask properly at all times for 5 additional days when around others outside of home. <https://www.alberta.ca/rapid-testing-at-home.aspx>

Q. If a fully vaccinated player tests positive for COVID-19, can they return to hockey after 5 days of isolation?

A. No. Wearing a mask properly in the high intensity sport of hockey is not feasible and presents safety concerns with breathing and access to the mask underneath the cage. Players who test positive for COVID-19 must sit out from hockey for 10 days or until symptoms resolve, whichever is longer, regardless of vaccination status.

- i. A player is permitted to attend ice times as a spectator and is permitted to attend team activities off the ice, provided they are not high intensity in nature. However, for 5 days after their isolation, they must properly wear a mask at all times when around others outside of home.
- ii. <https://www.alberta.ca/isolation.aspx>

Q. If a positive player tests negative before they finish their isolation, can they come back to hockey?

A. No. They must complete their isolation requirements in their entirety.

A. The only exception is for asymptomatic participants who tested positive on a rapid test. Please note, asymptomatic means they don't have symptoms and never displayed symptoms. This does not apply to participants who have recovered from symptoms.

- i. *Rapid Test - Positive result no symptoms*
 1. *Isolate immediately.*
 2. *Take second rapid test in 24 hours:*
 - a. *If negative, isolation can end unless you develop symptoms.*
 - b. *If positive, continue isolating as outlined above.*
 3. *If second test is positive, inform all close contacts as indicated above.*

A. <https://www.alberta.ca/rapid-testing-at-home.aspx>



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Q. Can non-household close contacts attend hockey I attend hockey?

A. Please see the definitions for Close Contacts and Household Close contacts:

i. <https://www.albertahealthservices.ca/topics/page17221.aspx>

A. For 14 days following your last close contact with a confirmed COVID-19 case:

- i. Watch for symptoms. If you develop symptoms, isolate and get tested using an at-home rapid test or through AHS, if eligible.
- ii. Follow provincial public health restrictions and any local municipal restrictions.
- iii. Avoid high-risk locations such as continuing care facilities and non-essential hospital visits.
- iv. Take precautions such as physical distancing, wearing a mask and washing or sanitizing your hands often.
- v. If you're not fully immunized, you are also recommended to:
 1. avoid public places such as restaurants, sports and recreation activities, social events or other public gatherings – you can go to school or daycare as long as you do not have symptoms
 2. avoid contact with vulnerable people such as seniors, people with weak immune systems and those with chronic health conditions,
 3. check with your employer about any work restrictions

Q. Do household close contacts have different isolation requirements?

A. The legal requirements are the same (there are none for close contacts), however, there are different recommendations for not fully vaccinated household close contacts. “If you're not fully immunized, you are **strongly recommended** to stay home for 14 days. Do not leave home to go to work, school, social events or any other public gatherings.” <https://www.albertahealthservices.ca/topics/page17221.aspx>

Q. Are there any restrictions on international travel or isolation requirements upon return?

A. At this time, there are isolation requirements for not fully vaccinated youth. Please see the following:

- i. Unvaccinated or not fully vaccinated children under 12 years of age returning to Canada from international travel must “wear a mask and physically distance when in contact with non-household members” (for 14 days upon return). Therefore, participation hockey is not possible.
- ii. Unvaccinated or not fully vaccinated youth aged 12-17 years of age returning to Canada from international travel “are subject to the 14-day quarantine, and all testing requirements for pre-entry, arrival and Day-8 tests, whether or not they are accompanied by travellers who qualify as a fully vaccinated traveller.”

A. Teams are permitted to travel internationally. Hockey Calgary will follow all Government of Canada and Alberta requirements. If requirements change, teams will be subject to those requirements.

A. <https://travel.gc.ca/travel-covid/travel-restrictions/covid-vaccinated-travellers-entering-canada>