



HOCKEY CALGARY



COMMUNITY

HOUSE HOCKEY LEAGUE

Parent Guide

2026-27

OVERVIEW

The **Flames Community House Hockey League** is a partnership between the Calgary Flames Foundation, the Calgary Flames, Hockey Calgary, and its member clubs. The goal is to provide recreational players with the opportunity to play organized hockey that is; **affordable, fun and safe**, with **moderate, consistent**, time/location commitments; allowing for participation in other social, academic or recreational activities.

It also provides players who have limited skills and knowledge, an introduction to the game in a less intimidating format. The program is regionally based, offering participants a chance to play the great game of hockey, with less time and travel commitments.

The Calgary Flames Foundation continue to sponsor House League hockey by providing game jerseys and socks. Jerseys have been provided on a 2-year rotation.

HOUSE LEAGUE JAMBOREE

At the season end, Hockey Calgary will host the House League Jamboree. The Jamboree will be a weekend where teams will play against other teams that they haven't played against during the season. Each team will play two games. Over the weekend teams will receive gifts, are encouraged to stay at the rink to cheer on the other teams and participate in off-ice activities. More information will be sent out closer to the season's end.

ABOUT HOCKEY CALGARY

Hockey Calgary is a volunteer driven organization that has been dedicated to helping young hockey players since 1949. Hockey Calgary is a branch of Hockey Alberta and is the governing body for all minor hockey in Calgary from Timbits to Junior (ages 5 to 21). Hockey Calgary is the largest minor hockey association in Alberta and one of the largest and fastest growing in North America. Hockey Calgary has 20 member clubs with over 14,300 players, 3,700 coaches, 1,200 officials and countless volunteers. Hockey Calgary has been implementing different ways to grow our membership and ensure a positive and effective experience for everyone. Our goal is to encourage good sportsmanship and to help players form good character as well as develop hockey skills. Hockey Calgary provides several programs to its players, coaches, officials, and parents that are tailored towards development, both on and off the ice.

Our Mission

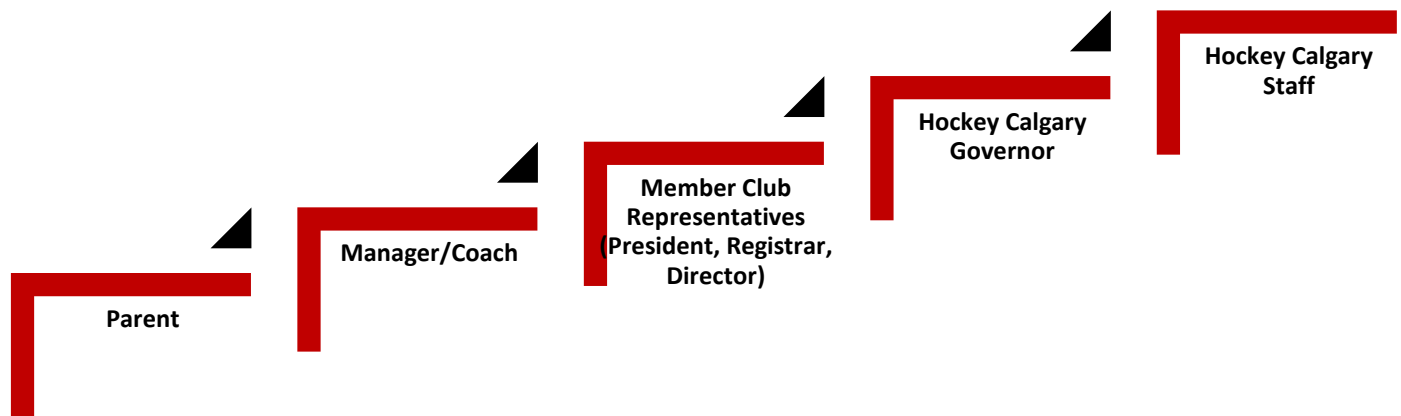
Through our membership we promote:

- SAFETY
- LIFE SKILLS
- INCLUSIVITY
- DEVELOPMENT
- ACCESS
- FUN

Our Vision

Everyone's Game

HOCKEY CALGARY COMMUNICATION PROCESS



REGISTRATION

Players will register with their designated community member club and must meet all residential qualifications. Registration in the house leagues is limited. If a players' residential club is full, that player may request to be placed on a wait list to register for another club. This will be managed by the Hockey Calgary Registrar in cooperation with Club Registrars.

Players registered on house league teams are not eligible to register on any other team under Hockey Calgary jurisdiction during the same season.

Not sure what Member Club to register with? [Click Here](#)

REQUIREMENTS

Parents

At least one parent from each registered player must have current certification in the Respect in Sport – Parent Edition prior to registering.

FUNDRAISING, CASH CALLS AND VOLUNTEERING

Fundraising and Cash Calls

There will be no fundraising or cash calls permitted. Social or team building events may be organized by teams however each player would cover their own cost.

Volunteering

Each team will require several volunteers such as **coaches, team managers, timekeepers, and scorekeepers**. There may be additional volunteer requirements within each member club. The Flames Community House Leagues are fixed cost and low commitment programs, but without volunteers from within each league, the program will not operate. Clubs have the authority to require volunteer bonds for house league participants.

GUIDE FOR PARENTS

Become the best sport parent you can be! It is mandatory that at least one parent of each player complete the Respect in Sport Parent Program. At its core is RESPECT. It also emphasizes the following key points:

What is Your Role?

- Children – Play
- Coaches – Coach
- Officials – Officiate

- Parents – Parent

The role of the parent is to provide **unconditional support** to their child. It is your responsibility to encourage your child in a respectful and supportive manner. Help optimize your child's growth and development by:

- Setting realistic expectations - children want to please their parents
- Set a good example - self manage your own behavior
- Providing open communication - communication is key to life and to sport
- Being your child's safety net
- Ensuring your child has the necessary and proper equipment
- Playing by the rules
- Ensuring your child has a balanced life (sports, academics, etc.)
- Always being positive
- Supporting your team and its members – there is no “I” in team

Parents Code:

- I will not force my child to participate in hockey.
- I will remember that my child plays hockey for his or her enjoyment, not for mine.
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will teach my child that doing one's best is as important as winning, so that my child will never feel defeated by the outcome of a game.
- I will make my child feel like a winner every time by offering praise for competing fairly and trying hard.
- I will never ridicule or yell at my child for making a mistake or losing a game.
- I will remember that children learn best by example. I will applaud good plays/ performances by both my child's team and their opponents.
- I will never question the officials' judgment or honesty in public.
- I will support all efforts to remove verbal and physical abuse from children's hockey games.
- I will respect and show appreciation for the volunteers who give their time to coach hockey for my child.

Safe Environments

Create and support safe environments for your child. Watch out for and educate yourself and your child against:

- Abuse
- Bullying
- Harassment
- Neglect

Sportsmanship

- Teach your child to play with grace, humility and sportsmanship. Teach your child it is not about winning.

The Shift Forward - 24 Hour Rule

It is imperative that we RESPECT the game and the process. Understandably, there will be times when we may get frustrated or upset. **Remember the 24-hour rule!** Wait at least 24 hours before addressing your concerns to ensure you are using a level head.

Additional information and handouts are available on the Hockey Calgary website.

For full registration rules, regulations, gameplay guidelines, and practice standards, see the companion Operations & Coaching Guide.