

MINIMUM SUSPENSIONS

Minimum Suspensions for Players

Any Player or Team Official who, in the last ten (10) minutes of regular time, at any time in overtime, or at the conclusion of the game and prior to the Player or Team Official entering his/her dressing room, is assessed a Minor Penalty and a Game Misconduct, a Major and a Game Misconduct, or any other infraction resulting in a Game Misconduct or Gross Misconduct, shall automatically be suspended for a minimum of the next regular League / Playoff / Pre-Season / Tournament / Provincial Game. This is in addition to any other suspensions directed by HA Minimum Suspensions.

RULE	INFRACTION	SUSPENSION
3.6	<p><i>Removing Helmet Infractions</i></p> <p>Any player who removes their chinstrap before or during a fight and a Game Misconduct is assessed.</p> <p>If a player removes his/her helmet and releases the chinstrap to fight, and the opposing player does not, and the former is assessed an additional two minute minor penalty and a Game Misconduct.</p> <p>If the player removes his/her opponent's helmet or releases the chinstrap before or during a fight. Game Misconduct is assessed.</p>	<p>1 Game</p> <p>1 Game</p> <p>1 Game</p>
4.1	<p><i>Pre/Post Game Altercations</i></p> <p>Any Player involved where Majors, Game Misconducts and Match Penalties are assessed.</p> <p>Any Team involved in a pre or post game brawl.</p>	<p>2 Games</p> <p>Indefinite</p>
4.6	<p><i>Game Ejection/Game Misconduct</i></p> <p>Game misconduct in the last 10 minutes of play.</p>	1 Game
4.7	Gross Misconduct	2 Games
6.1	<p><i>Attempt to Injure (Match)</i></p> <p>(a) Deliberate Injury</p> <p>(b) Head Butting</p> <p>(c) Kicking</p> <p>(d) Hair Pulling / Grabbing Equipment</p> <p>(e) Using Facial Protector as a Weapon</p> <p>Kneeing</p> <p>Use of Blocker</p>	<p>Indefinite</p> <p>2 Games</p> <p>3 Games</p> <p>3 Games</p> <p>3 Games</p> <p>3 Games</p> <p>3 Games</p>
6.2	<p><i>Boarding and Body Checking</i></p> <p>Boarding or Body Checking where a five (5) minute major penalty plus a Game Misconduct is assessed.</p> <p>Boarding or Body Checking when a Match penalty is assessed.</p>	<p>1 Game</p> <p>3 Games</p>
6.3	<p><i>Charging</i></p> <p>Charging where a five (5) minute major penalty plus a Game Misconduct is assessed.</p> <p>Charging when a Match penalty is assessed.</p>	<p>1 Game</p> <p>3 Games</p>
6.4	<p><i>Checking from Behind</i></p> <p>Checking from behind where a five (5) minute major penalty plus a Game Misconduct is assessed.</p> <p>Checking from behind when Match penalty is assessed.</p>	<p>1 Game</p> <p>4 Games</p>
6.5	<p><i>Head Contact</i></p> <p>Head Contact where a five (5) minute major penalty plus a Game Misconduct is assessed.</p> <p>Head Contact when Match penalty is assessed.</p>	<p>1 Game</p> <p>4 Games</p>
6.6	<p><i>Elbowing and Kneeing</i></p> <p>Elbowing or Kneeing where a five (5) minute major penalty plus a Game Misconduct is assessed.</p>	1 Game

RULE	INFRACTION	SUSPENSION
6.7	<p>Fighting Any player who engages in their 1st fight in a season. Game Misconduct is assessed.</p> <p>Any player who engages in their 2nd fight in a season. Game Misconduct is assessed.</p> <p>Any player who engages in their 3rd fight in a season. Game Misconduct is assessed.</p> <p>Instigator or Aggressor of a Fight.</p> <ul style="list-style-type: none"> • First Offence • Second Offence • Third Offence • Fourth Offence <p>Any Player wearing a ring or rings, tape or any other material on his/her hands who becomes involved in a fight and who uses such to gain an advantage or to inflict punishment and/or injury shall be assessed a Match Penalty in addition to any other penalties he/she may incur.</p> <p>Third man in a fight that is assessed a Game Misconduct.</p> <p>Any Player receiving a fighting major and Game Misconduct penalty which is a result of a second or subsequent fight during the same stoppage of play.</p>	<p>1 Game</p> <p>2 Games</p> <p>Indefinite</p> <p>1 Game 2 Games 3 Games Indefinite</p> <p>2 Games</p> <p>2 Games</p> <p>2 Games</p>
7.4	<p>Tripping Tripping where a five (5) minute major penalty plus a Game Misconduct is assessed.</p> <p>(a)</p> <p>(b) Slew Footing where a Match Penalty is assessed.</p>	<p>1 Game</p> <p>2 Games</p>
8.1	<p>Butt Ending Butt Ending where a Match penalty is assessed.</p>	3 Games
8.2	<p>Cross Checking Cross Checking where a five (5) minute major penalty plus a Game Misconduct is assessed.</p> <p>Cross Checking where a Match penalty is assessed.</p>	<p>1 Game</p> <p>3 Games</p>
8.3	<p>High Sticking High Sticking where a Match penalty is assessed.</p>	3 Games
8.4	<p>Slashing Slashing where a five (5) minute major penalty plus a Game Misconduct is assessed.</p> <p>Slashing where a Match penalty is assessed.</p>	<p>1 Game</p> <p>3 Games</p>
8.5	<p>Spearing Spearing where a Match penalty is assessed.</p>	3 Games
9.2	<p>Harassment of Officials/Unsportsmanlike Conduct Verbal Abuse of Officials or Unsportsmanlike Conduct when a Game Misconduct is assessed.</p> <p>Verbal taunts, insults or intimidation based on discriminatory grounds (race, ethnicity, religion, gender, sexual orientation, language) when a Gross Misconduct is assessed.</p>	<p>2 Games</p> <p>Indefinite</p>
9.5	<p>Leaving a bench for the Purpose of Fighting Any player identified as the first to leave the players' bench during a fight or for the purpose of fighting.</p> <p>Any player identified as the first to leave the penalty bench during a fight or for the purpose of fighting.</p>	<p>3 Games</p> <p>4 Games</p>

RULE	INFRACTION	SUSPENSION
9.6	<i>Physical Harassment of Official (Match)</i> Threaten or attempt to strike an Official Intentionally touches, holds or pushes an Official Intentionally strike, trip or body check an Official * Length of suspension may be within the identified range	Indefinite (6-10 games)* Indefinite (11-30 games)* Indefinite (1 year)*
9.7	<i>Spitting (Match)</i> Spitting on or at an Official or Team Official Spitting on or at an Opponent	Indefinite 3 Games
<i>Accumulation Sanctions for Players</i> Players that are assessed multiple infractions of the same nature over the course of the season will also be assessed additional suspensions in accordance with the following listing. Any player accumulating 2 Major penalties in the same season for a violation any of the following: 6.2 Boarding or Body Checking 6.6 Elbowing or Kneeing 2 Games 6.3 Charging 7.4 Tripping 6.4 Checking from Behind 8.2 Cross-Checking 6.5 Head Contact 8.4 Slashing Any player accumulating 3 Major penalties in the same season for a violation of any of the following: 6.2 Boarding or Body Checking 6.6 Elbowing or Kneeing 4 Games 6.3 Charging 7.4 Tripping 6.4 Checking from Behind 8.2 Cross-Checking 6.5 Head Contact 8.4 Slashing Any player accumulating 4 Major penalties in the same season for a violation of any of the following: 6.2 Boarding or Body Checking 6.6 Elbowing or Kneeing Indefinite 6.3 Charging 7.4 Tripping 6.4 Checking from Behind 8.2 Cross-Checking 6.5 Head Contact 8.4 Slashing Any player accumulating 2 Match penalties in the same season for a violation of any of the following: 6.1 Deliberate Injury 4 Games 6.2 Boarding or Body Checking 6.3 Charging Any player accumulating 2 Match penalties in the same season for a violation of any of the following: 6.4 Checking from Behind 5 Games 6.5 Head Contact Any player accumulating 3 Match penalties in the same season for a violation of any of the following: 6.1 Deliberate Injury 6.4 Checking from Behind Indefinite 6.2 Boarding or Body Checking 6.5 Head Contact 6.3 Charging Any player who receives two (2) Game or Gross Misconducts under rule 9.2 in a season. 4 Games Any player who receives three (3) Game or Gross Misconducts under rule 9.2 in a season. Indefinite		

Minimum Suspensions for Coaches

Any Player or Team Official who, in the last ten (10) minutes of regular time, at any time in overtime, or at the conclusion of the game and prior to the Player or Team Official entering his/her dressing room, is assessed a Minor Penalty and a Game Misconduct, a Major and a Game Misconduct, or any other infraction resulting in a Game Misconduct or Gross Misconduct, shall automatically be suspended for a minimum of the next regular League / Playoff / Pre-Season / Tournament / Provincial Game. This is in addition to any other suspensions directed by HA Minimum Suspensions.

RULE	INFRACTION	SUSPENSION
1.9	<i>Ineligible Players/Team Officials</i>	
2.2	Team official who is party to or had knowledge of playing a Player not properly registered with that team or properly affiliated to that team and/or allowing a Team Official who is not properly registered to that team to participate on the bench.	Indefinite
	Team official who is party to or had knowledge of playing a player or allows a Team Official to participate on the bench who is under suspension.	Indefinite
4.1	<i>Pre/Post Game Altercations</i> Coach of the Team whose Player(s) are assessed Majors, Game Misconducts or Match Penalties during an altercation prior to or after the game.	Indefinite
	Any Team involved in a pre or post game brawl.	Indefinite
9.2	<i>Harassment of Officials/Unsportsmanlike Conduct</i> Verbal Abuse of Officials or Unsportsmanlike Conduct when a Game Misconduct is assessed.	2 Games
	Verbal taunts, insults or intimidation based on discriminatory grounds (race, ethnicity, religion, gender, sexual orientation, language) when a Gross Misconduct is assessed.	Indefinite
9.5	The Coach of the team whose player is penalized for leaving the players bench or penalty box during a fight or for the purpose of fighting.	3 Games
	The Coach of the team whose player left the players bench or penalty box during a fight or for the purpose of fighting but was not identified as the first to leave during the altercation.	1 Game
9.6	<i>Physical Harassment of Official (Match)</i> Threaten or attempt to strike an Official	Indefinite (6-10 games)*
	Intentionally touches, holds or pushes an Official	Indefinite (11-30 games)*
	Intentionally strike, trip or body check an Official	Indefinite (1 year)*
	* Length of suspension may be within the identified range	
9.7	<i>Spitting (Match)</i> Spitting on or at an Official or Team Official	Indefinite
	Spitting on or at an Opponent	3 Games
10.14	<i>Refusing to Start Play</i>	Indefinite

Accumulation Sanctions for Coaches

Coaches that are assessed multiple infractions of the same nature over the course of the season will also be assessed additional suspensions in accordance with the following listing.

The Coach of any Team that receives a combination of three (3) Major (including Fighting) or Match penalties in the same game. 1 Game

The Coach of any Team that commits a second violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game. 3 Games

The Coach of any Team that commits a third violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game.	Indefinite
Any Coach who receives two (2) Game or Gross Misconducts under rule 9.2 in a season.	4 Games
Any Coach who receives three (3) Game or Gross Misconducts under rule 9.2 in a season.	Indefinite

Suspensions may be increased for repeat offenders or if circumstances dictate.

Any Player or Team Official found guilty of falsifying a birth certificate, or having been party to, or having any knowledge of such, shall be suspended until dealt with by the Hockey Calgary Officers.

Any Team Official who is party to, or had knowledge of, or adds an unregistered or Ineligible Player's name or un-carded team official or trainer's name to an official game report for the purpose of competing in a game;

- (i) may be suspended for a period of three years, or as determined by the Hockey Calgary Officers from playing or holding office with any team, club, or association.
- (ii) shall have games defaulted whether said Player(s) played or not.

Any Player who falsifies a birth certificate, registration certificate or forges a signature and plays under an assumed name, or having knowledge that same had been falsified, or playing on other than his/her own birth certificate shall be automatically suspended from playing hockey for a period of not less than one year and not more than three years from the date of suspension.

If a Team Official or Player participates in a game or if his/her name appears on the official game report while under suspension, the Team Official responsible for an Ineligible Player or official may be subject to immediate discipline and the team may forfeit any games played using an Ineligible Player or official.

30 Supplemental Discipline

- (a) Additional suspensions will be imposed on players who reach and exceed specific penalty minute totals during the season.
- (b) All penalty minutes incurred during 'Seeding Round' and 'League Play' with count toward the players' total. Game misconducts count for 10 minutes toward a players' total.
- (c) The following Age Category thresholds will apply for Community, Female, and Rec Hockey:

Novice	No Threshold	Pee Wee	60 PIMS	Midget	100 PIMS
Atom	40 PIMS	Bantam	80 PIMS	Junior C	100 PIMS
- (d) The following Age Category thresholds will apply for Elite Hockey:

Bantam AA	100 PIMS	Midget AA	100 PIMS	Junior B	100 PIMS
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- (e) Players who reach their applicable threshold will be assessed a **1 game suspension** to be served in their next scheduled Seeding, League, or Playoff Game.
- (f) Once a player crosses the threshold, they will be assessed the following increased suspensions for every additional 25 PIMS they incur thereafter:

+25 PIMS	2 game suspension
+50 PIMS	4 game suspension
+75 PIMS	8 game suspension
- (g) Players receiving their incremental suspension in the last game of the season are required to serve in the first game(s) of playoffs.
- (h) Penalty minutes incurred during playoff games do not count towards a players' total and no incremental supplemental discipline will be assessed during playoffs other than standard 'Minimum Suspension Guidelines'.
- (i) All 'Supplemental Discipline' suspensions are 'Unappealable'.