

U13

9:00am-12:00pm

**9:00am-10:00am: Shooting/Skills
Session #1**

10:00am-10:45am: Education Seminar

10:45am-11:00am: Snack

**11:00am-12:00pm: Shooting/ Skills
Session #2**



U18

1:00pm-4:00pm

**1:00pm-2:00pm: Shooting/Skills
Session #1**

2:00pm-2:45pm: Education Seminar

2:45 - 3:00pm: Snack

**3:00pm-4:00pm: Shooting/ Skills
Session #2**



**SCORE MORE
SUMMER CAMPS**



**5 Day Summer Camp with 10 hours
of shooting. Cost \$495**

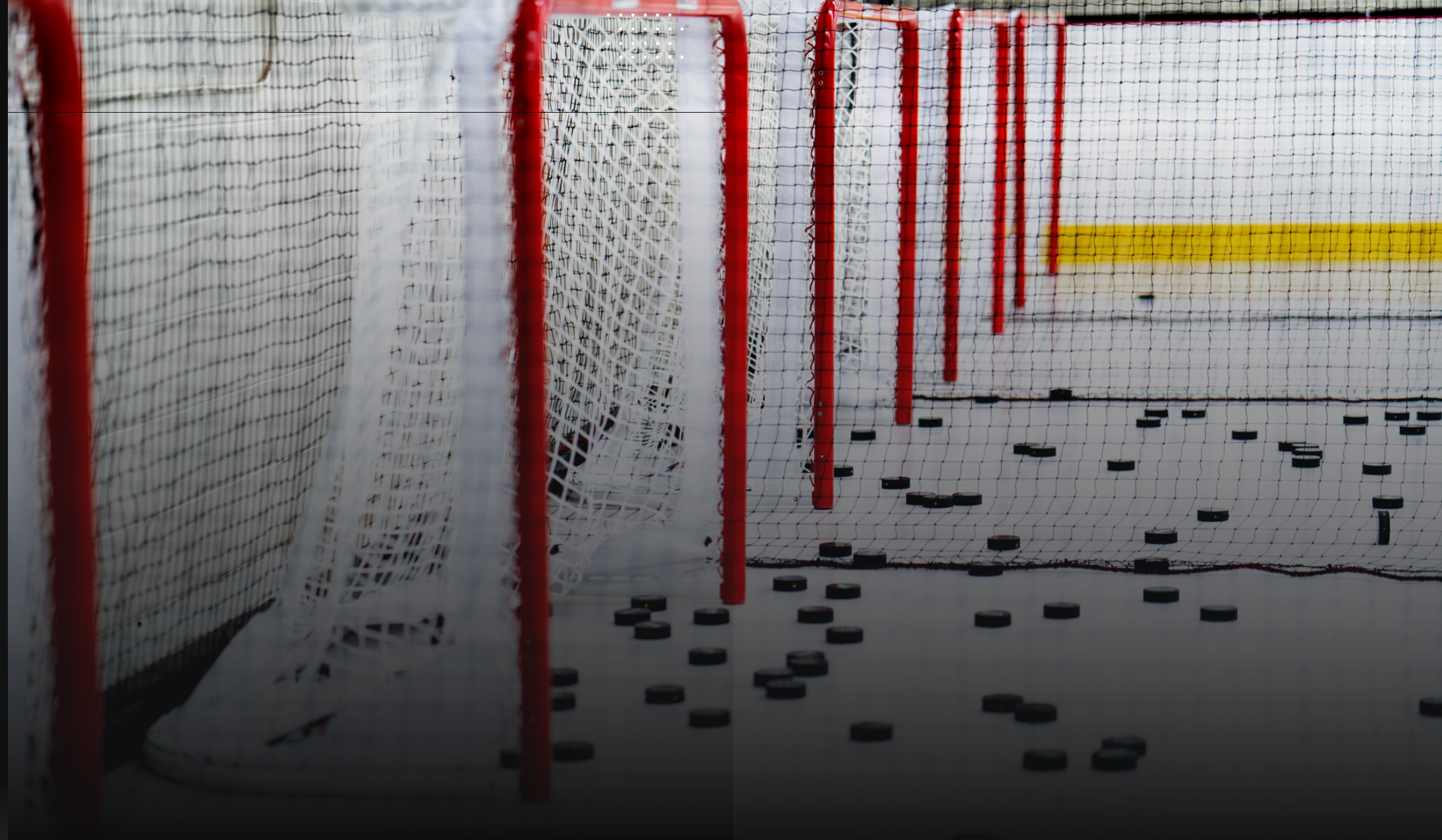
All the skills and knowledge to
SCORE MORE

**Limited Capacity for further inquiries email
admin@scorehockeyrange.com**

587-534-2160

www.scorehockeyrange.com

**Or, visit our space:
3320 -9th Street SE Calgary, AB**



WHAT TO EXPECT

**2 hours of shooting and skill based
training per day with a professional
coach. There will be daily sessions
to help your player: master
technique, increase velocity and
improve accuracy.**

WEEKLY SEMINARS

- How to score on goalies
- Nutrition for athletes
- The biomechanics of shooting
- Exercises to help strengthen your shot

