



Elite Council

Governing Elite Hockey for Hockey Calgary

2025 – 2026 Junior B (CJHL) Playoff Overtime Rules

For the Junior B (CJHL) league, playoff games tied at the end of regulation time will continue with a "sudden victory" overtime/shootout in the following manner:

OVERTIME

If the score is tied at the end of the third period, the following shall take place:

- A 1 - minute break will be provided before starting overtime.
- A five (5) minute sudden victory overtime period shall be played.
- Teams will play 3 on 3 plus goalie.
- All penalties will carry over into the overtime period.

SHOOTOUT

- Should the score be tied at the end of the overtime period, a 3-player shootout will occur.
- If the game remains tied after the 3 shooters, teams continue shooting in sudden victory mode.
- The team scoring the most goals will be declared the winner.
- The game cannot end until each team has taken the same number of shots.
- Shooter Eligibility
 - No player may shoot twice until everyone who is eligible to shoot has shot.
 - Players serving minor penalties may participate in the shootout.
 - Players assessed misconducts, or any game misconduct are not allowed to participate on the shootout.

UNFORESEEN CIRCUMSTANCES

- If the teams are still tied after the shootout and no further ice time is available, the following criteria will be used to determine a winner:
 - The team that scored first in the game in question shall be declared the winner.
 - If the game ends 0-0, then the team with the fewest penalty minutes in the game will be declared the winner.
 - If the teams remain tied, then a coin toss will be used to declare the winner.