

## APPENDIX “V” MINIMUM SUSPENSIONS

The following chart shows the minimum suspensions that must be assessed to all Players and Team Officials for a violation of the corresponding Playing Rule. Minimum suspensions are automatic, based on the Referee's call, and are not subject to Appeal. Pending a review/ investigation, Hockey Alberta reserves the right to issue suspensions that are more than the minimum. Suspensions that exceed the minimum can be subject to Appeal.

Infractions that correspond to an 'Indefinite' suspension, result in an investigation of the incident taking place prior to Hockey Alberta rendering a decision on the length of suspension. The decision on an Indefinite Suspension can be subject to Appeal.

Game Misconduct or Gross Misconduct infractions that occur within the last ten (10) minutes of a game will automatically have one (1) additional game added to the suspension for both Players and Team Officials.

| RULE # | INFRACTION                                                                                                                                                                                                                                                                                           | SUSPENSION LENGTH                        |                                          |                                          |
|--------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|
|        |                                                                                                                                                                                                                                                                                                      | MINOR,<br>MINOR FEMALE                   | JUNIOR B, C,<br>JUNIOR FEMALE            | SENIOR MALE                              |
| 2.2    | <b>Ineligible Players / Team Officials</b><br>Team Official who is party to or had knowledge of playing a Player not properly registered with that team or properly affiliated to that team and/or allowing a Team Official who is not properly registered to that team to participate on the bench. | Indefinite                               | Indefinite                               | Indefinite                               |
|        | Team Official who is party to or had knowledge of playing a player or allows a Team Official to participate on the bench who is under suspension.                                                                                                                                                    | Indefinite                               | Indefinite                               | Indefinite                               |
| 4.8    | <b>Game Ejection / Game Misconduct</b><br>Any Player assessed multiple Game Misconducts in the same stoppage of play.<br><br>2 Game Misconducts                                                                                                                                                      |                                          | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  |
|        | 3 or More Game Misconducts                                                                                                                                                                                                                                                                           |                                          | Indefinite                               | Indefinite                               |
| 4.9    | <b>Gross Misconduct</b><br><br>Any Gross Misconduct assessed to a Player or Team Official not otherwise covered within these guidelines.                                                                                                                                                             | 3 Games<br>(4 games in the last 10 mins) | 3 Games<br>(4 games in the last 10 mins) | 3 Games<br>(4 games in the last 10 mins) |
| 7.1    | <b>Attempt to Injure</b><br><br>Attempt to Injure where a five (5) minute major penalty plus a Game Misconduct is assessed                                                                                                                                                                           | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  |
|        | Attempt to Injure when a Match penalty is assessed                                                                                                                                                                                                                                                   | <b>3 Games</b>                           | <b>3 Games</b>                           | <b>3 Games</b>                           |
| 7.2    | <b>Boarding</b><br><br>Boarding where a five (5) minute major penalty plus a Game Misconduct is assessed.                                                                                                                                                                                            | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  |
|        | Boarding when a Match penalty is assessed.                                                                                                                                                                                                                                                           | 3 Games                                  | 3 Games                                  | 3 Games                                  |

| RULE # | INFRACTION                                                                                     | SUSPENSION LENGTH                       |                                          |                                         |
|--------|------------------------------------------------------------------------------------------------|-----------------------------------------|------------------------------------------|-----------------------------------------|
|        |                                                                                                | MINOR,<br>MINOR FEMALE                  | JUNIOR B, C,<br>JUNIOR FEMALE            | SENIOR MALE                             |
| 7.3    | <b>Body Checking</b>                                                                           |                                         |                                          |                                         |
|        | Body Checking where a five (5) minute major penalty plus a Game Misconduct is assessed.        | 1 Game<br>(2 Games in the last 10 mins) |                                          |                                         |
|        | Body Checking when a Match penalty is assessed.                                                | 3 Games                                 |                                          |                                         |
| 7.4    | <b>Charging</b>                                                                                |                                         |                                          |                                         |
|        | Charging where a five (5) minute major penalty plus a Game Misconduct is assessed.             | 1 Game<br>(2 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins) |
|        | Charging when a Match penalty is assessed.                                                     | 3 Games                                 | 3 Games                                  | 3 Games                                 |
| 7.5    | <b>Checking from Behind</b>                                                                    |                                         |                                          |                                         |
|        | Checking from behind where a five (5) minute major penalty plus a Game Misconduct is assessed. | 1 Game<br>(2 Games in the last 10 mins) | 1 Games<br>(2 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins) |
|        | Checking from behind when Match penalty is assessed.                                           | 3 Games                                 | 3 Games                                  | 3 Games                                 |
| 7.6    | <b>Head Contact</b>                                                                            |                                         |                                          |                                         |
|        | Head Contact where a five (5) minute major penalty plus a Game Misconduct is assessed.         | 1 Game<br>(2 Games in the last 10 mins) |                                          |                                         |
|        | Head Contact when Match penalty is assessed.                                                   | 3 Games                                 |                                          |                                         |
| 7.7    | <b>Head Contact</b>                                                                            |                                         |                                          |                                         |
|        | Head Contact where a five (5) minute major penalty plus a Game Misconduct is assessed.         |                                         | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins) |
|        | Head Contact when Match penalty is assessed.                                                   |                                         | 3 Games                                  | 3 Games                                 |
| 7.8    | <b>Kneeing</b>                                                                                 |                                         |                                          |                                         |
|        | Kneeing where a five (5) minute major penalty plus a Game Misconduct is assessed.              | 1 Game<br>(2 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins) |
|        | Kneeing when a Match penalty is assessed.                                                      | 3 Games                                 | 3 Games                                  | 3 Games                                 |
| 7.9    | <b>Roughing</b>                                                                                |                                         |                                          |                                         |
|        | Roughing where a five (5) minute major penalty plus a Game Misconduct is assessed.             | 1 Game<br>(2 Games in the last 10 mins) |                                          |                                         |
|        | Roughing when a Match penalty is assessed.                                                     | 3 Games                                 |                                          |                                         |

| RULE # | INFRACTION                                                                                                                                                  | SUSPENSION LENGTH                        |                                          |                                          |
|--------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|
|        |                                                                                                                                                             | MINOR,<br>MINOR FEMALE                   | JUNIOR B, C,<br>JUNIOR FEMALE            | SENIOR MALE                              |
| 7.10   | <b>Fighting</b><br>Any player who is assessed a 1 <sup>st</sup> Fighting Major in a season                                                                  | 1 Game<br>(2 Games in the last 10 mins)  |                                          |                                          |
|        | Any player who is assessed a 2 <sup>nd</sup> Fighting Major in a season                                                                                     | 2 Games<br>(3 Games in the last 10 mins) |                                          |                                          |
|        | Any player who is assessed a 3 <sup>rd</sup> Fighting Major in a season                                                                                     | 4 Games<br>(5 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)  |                                          |
|        | Any player who is assessed a 4 <sup>th</sup> Fighting Major in a season                                                                                     | Indefinite                               | 2 Games<br>(3 Games in the last 10 mins) |                                          |
|        | Any player who is assessed a 5 <sup>th</sup> Fighting Major in a season                                                                                     | Indefinite                               | 3 Games<br>(4 Games in the last 10 mins) |                                          |
|        | Any player who is assessed a 6 <sup>th</sup> Fighting Major in a season                                                                                     | Indefinite                               | Indefinite                               | Indefinite                               |
|        | Any Player wearing a ring or rings, tape or any other material on his/her hands who becomes involved in a fight and is assessed a Match Penalty             | 3 Games                                  | 3 Games                                  | 3 Games                                  |
|        | Any Player who joins in a fight or acts as a peacemaker                                                                                                     | 2 Games<br>(3 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  |
|        | Any Player who takes part in another or secondary fight during the same stoppage of play                                                                    | 2 Games<br>(3 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  |
|        | Any Player fighting or joining a fight with a Team Official                                                                                                 | 3 Games<br>(4 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) |
|        | <b>Pre/Post Game Altercations</b><br>Any Player involved where fighting Majors and Game Misconduct penalties are assessed in a pre or post game altercation | 2 Games<br>(3 Games Post Game)           | 1 Game<br>(2 Games Post Game)            | 1 Game<br>(2 Games Post Game)            |
|        | Any Coach of Team whose players are so penalized in a pre or post game altercation                                                                          | Indefinite                               | 3 Games<br>(4 Games in the last 10 mins) | 3 Games<br>(4 Games in the last 10 mins) |
| 7.11   | <b>Instigator &amp; Aggressor of a Fight</b><br><br>First Offence<br>Second Offence<br>Third Offence                                                        | 1 Game<br>3 Games<br>Indefinite          | 1 Game<br>3 Games<br>Indefinite          | 1 Game<br>3 Games<br>Indefinite          |
|        | A Coach of a Team whose Player is penalized for a third offence of Instigator or Aggressor.                                                                 | 3 Games                                  | 3 Games                                  | 3 Games                                  |
|        | <i>*Rule 7.11 (a) Note: If a Player is assessed both penalties in the same altercation, they would be suspended for both offences.</i>                      |                                          |                                          |                                          |

| RULE # | INFRACTION                                                                                               | SUSPENSION LENGTH                       |                                          |                                         |
|--------|----------------------------------------------------------------------------------------------------------|-----------------------------------------|------------------------------------------|-----------------------------------------|
|        |                                                                                                          | MINOR,<br>MINOR FEMALE                  | JUNIOR B, C,<br>JUNIOR FEMALE            | SENIOR MALE                             |
| 8.3    | <b>Interference</b>                                                                                      |                                         |                                          |                                         |
|        | Interference where a five (5) minutes major plus a Game Misconduct is assessed.                          | 1 Game<br>(2 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins) |
|        | Interference when a Match penalty is assessed.                                                           | 3 Games                                 | 3 Games                                  | 3 Games                                 |
| 8.4    | <b>Interference from the Bench</b>                                                                       |                                         |                                          |                                         |
|        | Interference from the Bench where a five (5) minute major plus a Game Misconduct is assessed.            | 1 Game<br>(2 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins) |
|        | Interference from the Bench when a Match penalty is assessed.                                            | 3 Games                                 | 3 Games                                  | 3 Games                                 |
| 8.5    | <b>Interference with the Goaltender</b>                                                                  |                                         |                                          |                                         |
|        | Interference on the goaltender where a five (5) minute major penalty plus a Game Misconduct is assessed. | 1 Game<br>(2 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins) |
|        | Interference on the goaltender where a Match penalty is assessed.                                        | 3 Games                                 | 3 Games                                  | 3 Games                                 |
| 8.7    | <b>Clipping</b>                                                                                          |                                         |                                          |                                         |
|        | Clipping where a five (5) minute major penalty plus a Game Misconduct is assessed.                       | 1 Game<br>(2 Games in the last 10 mins) | 1 Games<br>(2 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins) |
|        | Clipping when a Match penalty is assessed                                                                | 3 Games                                 | 3 Games                                  | 3 Games                                 |
| 8.8    | <b>Slew Footing</b>                                                                                      |                                         |                                          |                                         |
|        | Slew Footing when a Match penalty is assessed.                                                           | 3 Games                                 | 3 Games                                  | 3 Games                                 |
| 9.1    | <b>Butt Ending</b>                                                                                       |                                         |                                          |                                         |
|        | Butt Ending where a Match penalty is assessed.                                                           | 3 Games                                 | 3 Games                                  | 3 Games                                 |
| 9.2    | <b>Cross Checking</b>                                                                                    |                                         |                                          |                                         |
|        | Cross Checking where a five (5) minute major penalty plus a Game Misconduct is assessed.                 | 1 Game<br>(2 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins) |
|        | Cross Checking where a Match penalty is assessed.                                                        | 3 Games                                 | 3 Games                                  | 3 Games                                 |

| RULE # | INFRACTION                                                                                                                                                                                                                           | SUSPENSION LENGTH                        |                                          |                                          |
|--------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|
|        |                                                                                                                                                                                                                                      | MINOR,<br>MINOR FEMALE                   | JUNIOR B, C,<br>JUNIOR FEMALE            | SENIOR MALE                              |
| 9.3    | <b>Slashing</b>                                                                                                                                                                                                                      |                                          |                                          |                                          |
|        | Slashing where a five (5) minute major penalty plus a Game Misconduct is assessed.                                                                                                                                                   | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  |
|        | Slashing where a Match penalty is assessed.                                                                                                                                                                                          | 3 Games                                  | 3 Games                                  | 3 Games                                  |
| 9.4    | <b>Spearing</b>                                                                                                                                                                                                                      |                                          |                                          |                                          |
|        | Spearing where a Match penalty is assessed.                                                                                                                                                                                          | 3 Games                                  | 3 Games                                  | 3 Games                                  |
| 10.4   | <b>Leaving a Bench for the Purpose of Fighting</b>                                                                                                                                                                                   |                                          |                                          |                                          |
|        | Any player assessed a Game Misconduct identified as first to leave the players' bench or penalty bench during a fight or for the purpose of fighting.                                                                                | 3 Games<br>(4 Games in the last 10 mins) | 3 Games<br>(4 Games in the last 10 mins) | 3 Games<br>(4 Games in the last 10 mins) |
|        | Any Coach whose Player is identified as first to leave the player's bench or penalty box during a fight or for the purpose of fighting.                                                                                              | 3 Games<br>(4 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) |
|        | Any Coach whose Player is not identified as first to leave the player's bench or penalty box during a fight or for the purpose of fighting.                                                                                          | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  |
|        | Any Player or Team Official who, having been removed from the game due to a Game Ejection, Game Misconduct, Gross Misconduct, or Match Penalty, returns to the ice surface or becomes involved with or disrupts the game in any way. | Indefinite                               | Indefinite                               | Indefinite                               |
| 10.5   | <b>Throwing or Shooting Stick or Object</b>                                                                                                                                                                                          |                                          |                                          |                                          |
|        | Throwing or Shooting Stick or Object when a five (5) minute major plus a Game Misconduct is assessed.                                                                                                                                | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  | 1 Game<br>(2 Games in the last 10 mins)  |
|        | Throwing or Shooting Stick or Object when a Match penalty is assessed.                                                                                                                                                               | 3 Games                                  | 3 Games                                  | 3 Games                                  |
| 10.6   | <b>Removing Equipment to Fight</b>                                                                                                                                                                                                   |                                          |                                          |                                          |
|        | Any Player who removes their chinstrap before or during a fight.                                                                                                                                                                     | 2 Games<br>(3 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) |
|        | If a Player removes their helmet and releases their chinstrap to fight & the opposing Player doesn't, the former will be assessed an additional two-minute minor penalty.                                                            | 2 Games<br>(3 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) |
|        | Any Player who removes an opponent's helmet or releases an opponent's chinstrap before or during a fight.                                                                                                                            | 2 Games<br>(3 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) | 2 Games<br>(3 Games in the last 10 mins) |

| RULE # | INFRACTION                                                                                                                                                                                                                                                                         | SUSPENSION LENGTH                                                                        |                                                                                         |                                                                                         |
|--------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
|        |                                                                                                                                                                                                                                                                                    | MINOR,<br>MINOR FEMALE                                                                   | JUNIOR B, C,<br>JUNIOR FEMALE                                                           | SENIOR MALE                                                                             |
| 10.8   | <b><i>Refusing to Start Play</i></b><br><br>Any Team Official assessed a Game Misconduct under this rule.                                                                                                                                                                          | Indefinite                                                                               | Indefinite                                                                              | Indefinite                                                                              |
| 11.1   | <b><i>Unsportsmanlike Conduct</i></b><br><br>Any Player or Team Official assessed a Game Misconduct for Unsportsmanlike Conduct.                                                                                                                                                   | 1 Game<br>(2 Games in the last 10 mins)                                                  |                                                                                         |                                                                                         |
| 11.2   | <b><i>Abusive Behaviour</i></b><br><br>Any Player or Team Official assessed a Game Misconduct for Disrespectful, Abusive and Harassing Behaviour.<br><br>Any Player or Team Official assessed a Gross Misconduct for Disrespectful, Abusive and Harassing Behaviour.               | 2 Games<br>(3 Games in the last 10 mins)<br><br>3 Games<br>(4 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)<br><br>2 Games<br>(3 Games in the last 10 mins) | 1 Game<br>(2 Games in the last 10 mins)<br><br>2 Games<br>(3 Games in the last 10 mins) |
| 11.3   | <b><i>Spitting</i></b><br><br>Any Player or Team Official assessed a Match Penalty for deliberately spitting on or at an opponent, team official, or spectator.<br><br><b>Any Player or Team Official assessed a Match Penalty for deliberately spitting on or at an official.</b> | 5 Games<br><br>Indefinite                                                                | 5 Games<br><br>Indefinite                                                               | 5 Games<br><br>Indefinite                                                               |
| 11.4   | <b><i>Discrimination</i></b><br><br>Any Player or Team Official assessed a Gross Misconduct for Discrimination.                                                                                                                                                                    | Indefinite<br>(minimum 5 games)                                                          | Indefinite<br>(minimum 5 games)                                                         | Indefinite<br>(minimum 5 games)                                                         |
| 11.5   | <b><i>Physical Harassment of Officials</i></b><br><br>Any Player or Team Official assessed a Game Misconduct Penalty for Physical Harassment of Officials<br><br>Any Player or Team Official assessed a Match Penalty for Physical Harassment of Officials                         | 1 Game<br>(2 Games in the last 10 mins)<br><br>Indefinite                                | 1 Game<br>(2 Games in the last 10 mins)<br><br>Indefinite                               | 1 Game<br>(2 Games in the last 10 mins)<br><br>Indefinite                               |

### **Progressive Sanctions for Minor Hockey Players**

**Players that incur multiple infractions of the same nature over the course of the season will be assessed the following suspensions in place of the minimum.**

Any player accumulating multiple Major penalties in the same season, for any of the infractions below, will be assessed the following suspension:

|      |                                        |                   |   |                                   |
|------|----------------------------------------|-------------------|---|-----------------------------------|
| 7.1  | Attempt to Injure or Deliberate Injury |                   |   |                                   |
| 7.2  | Boarding                               |                   |   |                                   |
| 7.3  | Body Checking                          |                   |   |                                   |
| 7.4  | Charging                               |                   |   |                                   |
| 7.5  | Checking from Behind                   | 2 Major Penalties | = | 2 Games (3 Games in last 10 mins) |
| 7.6  | Head Contact                           | 3 Major Penalties | = | 4 Games (5 Games in last 10 mins) |
| 7.8  | Kneeing                                | 4 Major Penalties | = | Indefinite                        |
| 7.9  | Roughing                               |                   |   |                                   |
| 8.3  | Interference                           |                   |   |                                   |
| 8.4  | Interference from the Bench            |                   |   |                                   |
| 8.5  | Interference with the Goaltender       |                   |   |                                   |
| 8.7  | Clipping                               |                   |   |                                   |
| 9.2  | Cross-Checking                         |                   |   |                                   |
| 9.3  | Slashing                               |                   |   |                                   |
| 10.5 | Throwing or Shooting Stick or Object   |                   |   |                                   |

Any player accumulating multiple Match penalties in the same season, for any of the infractions below, will be assessed the following suspension:

|      |                                        |                           |   |            |
|------|----------------------------------------|---------------------------|---|------------|
| 7.1  | Attempt to Injure or Deliberate Injury |                           |   |            |
| 7.2  | Boarding                               | 2 or more Match Penalties | = | Indefinite |
| 7.3  | Body Checking                          |                           |   |            |
| 7.4  | Charging                               |                           |   |            |
| 7.5  | Checking from Behind                   |                           |   |            |
| 7.6  | Head Contact                           |                           |   |            |
| 7.8  | Kneeing                                |                           |   |            |
| 7.9  | Roughing                               |                           |   |            |
| 8.3  | Interference                           |                           |   |            |
| 8.4  | Interference from the Bench            |                           |   |            |
| 8.5  | Interference with the Goaltender       |                           |   |            |
| 8.7  | Clipping                               |                           |   |            |
| 8.8  | Slew Footing                           |                           |   |            |
| 9.1  | Butt-Ending                            |                           |   |            |
| 9.2  | Cross Checking                         |                           |   |            |
| 9.3  | Slashing                               |                           |   |            |
| 9.4  | Spearing                               |                           |   |            |
| 10.5 | Throwing or Shooting Stick or Object   |                           |   |            |

Any player accumulating multiple Game Misconducts or Gross Misconducts in the same season, for any of the infractions below, will be assessed the following suspension:

|      |                                                |                             |   |                              |
|------|------------------------------------------------|-----------------------------|---|------------------------------|
| 11.1 | Unsportsmanlike Conduct / Misconduct           | 2 Game Misconducts          | = | Minimum + 2 additional games |
| 11.2 | Disrespectful, Abusive and Harassing Behaviour | 3 or more Game Misconducts  | = | Indefinite                   |
|      |                                                | 2 or more Gross Misconducts | = | Indefinite                   |
| 11.5 | Physical Harassment of Officials               |                             |   |                              |

### **Progressive Sanctions for Junior & Senior Hockey Players**

***Players that incur multiple infractions of the same nature over the course of the season will be assessed the following suspensions in place of the minimum.***

Any player accumulating multiple Game Misconducts or Gross Misconducts in the same season, for any of the infractions below, will be assessed the following suspension:

|      |                                        |                   |                                     |
|------|----------------------------------------|-------------------|-------------------------------------|
| 7.1  | Attempt to Injure or Deliberate Injury |                   |                                     |
| 7.2  | Boarding                               |                   |                                     |
| 7.4  | Charging                               |                   |                                     |
| 7.5  | Checking from Behind                   | 2 Major Penalties | = 2 Games (3 Games in last 10 mins) |
| 7.7  | Head Contact                           | 3 Major Penalties | = 4 Games (5 Games in last 10 mins) |
| 7.8  | Kneeing                                | 4 Major Penalties | = Indefinite                        |
| 8.5  | Interference with the Goaltender       |                   |                                     |
| 8.7  | Clipping                               |                   |                                     |
| 9.2  | Cross-Checking                         |                   |                                     |
| 9.3  | Slashing                               |                   |                                     |
| 10.5 | Throwing or Shooting Stick or Object   |                   |                                     |

Any player accumulating multiple Match penalties in the same season, for any of the infractions below, will be assessed the following suspension:

|      |                                        |                           |              |
|------|----------------------------------------|---------------------------|--------------|
| 7.1  | Attempt to Injure or Deliberate Injury |                           |              |
| 7.2  | Boarding                               |                           |              |
| 7.4  | Charging                               |                           |              |
| 7.5  | Checking from Behind                   | 2 or more Match Penalties | = Indefinite |
| 7.7  | Head Contact                           |                           |              |
| 7.8  | Kneeing                                |                           |              |
| 8.5  | Interference with the Goaltender       |                           |              |
| 8.7  | Clipping                               |                           |              |
| 8.8  | Slew Footing                           |                           |              |
| 9.1  | Butt-Ending                            |                           |              |
| 9.2  | Cross Checking                         |                           |              |
| 9.3  | Slashing                               |                           |              |
| 9.4  | Spearing                               |                           |              |
| 10.5 | Throwing or Shooting Stick or Object   |                           |              |

Any player accumulating multiple Game Misconducts or Gross Misconducts in the same season, for any of the infractions below, will be assessed the following suspension:

|      |                                                |                             |                                |
|------|------------------------------------------------|-----------------------------|--------------------------------|
| 11.2 | Disrespectful, Abusive and Harassing Behaviour | 2 Game Misconducts          | = Minimum + 2 additional games |
|      |                                                | 3 or more Game Misconducts  | = Indefinite                   |
| 11.5 | Physical Harassment of Officials               | 2 or more Gross Misconducts | = Indefinite                   |

### **Progressive Sanctions for Hockey Coaches**

***Coaches that incur multiple infractions of the same nature over the course of the season will be assessed the following suspensions in place of the minimum.***

The Coach of a Team that receives a combination of three (3) Major (including Fighting) or Match penalties in the same game. 1 Game

The Coach of a Team that commits a second violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game. 3 Games

The Coach of a Team that commits a third violation of receiving a combination of three (3) Major (including Fighting) or Match penalties in the same game. Indefinite

Any Coach accumulating multiple Game or Gross Misconducts in the same season, for any of the infractions below, will be assessed an additional suspension as outlined here:

|                                                     |                             |   |                              |
|-----------------------------------------------------|-----------------------------|---|------------------------------|
| 11.1 Unsportsmanlike Conduct / Misconduct           | 2 Game Misconducts          | = | Minimum + 2 additional games |
| 11.2 Disrespectful, Abusive and Harassing Behaviour | 3 or more Game Misconducts  | = | Indefinite                   |
| 11.5 Physical Harassment of Officials               | 2 or more Gross Misconducts | = | Indefinite                   |

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