



HOCKEY CALGARY

INFORMATION BULLETIN

Date: November 12, 2021
To: HC Members & Member Associations
From: Kevin Kobelka – Executive Director
CC: HC Board, HC Governors

SUBJECT: Hockey Calgary Teams Up with I Got Mind Inc to Keep our Athletes Safe

As we continue through the hockey season, we want to ensure that the safety of our members continues to be at the forefront. In recent weeks, we have seen the impact of abuse of power in sport and the toll it takes on athletes, parents, and the hockey community as a whole.

Hockey Calgary takes the safety of our members very seriously and we believe education is the first step in ensuring that we are providing a safe environment for everybody involved in our program. That is why we have teamed up with I Got Mind Inc to offer a free online presentation on the Power Differential in Sport. We view this as a critical piece of education for not only our Associations, but each parent, coach, team staff member, volunteer and athlete taking part in hockey.

We encourage you to join one of the two presentation offerings to learn alongside us as we take a proactive approach to keeping our members safe.

Attached are the details of the presentation along with registration links for each of the two offerings.

Regards.

A handwritten signature in blue ink, appearing to read 'Kevin Kobelka'.

Kevin Kobelka
Executive Director

JOIN US IN KEEPING OUR ATHLETES SAFE



JOIN US FOR A 75-MINUTE PRESENTATION ON THE POWER DIFFERENTIAL IN SPORT

WHAT YOU WILL LEARN:

- Setting boundaries
- Recognizing an unsafe situation
- Knowing who to communicate feelings of unsafe situations to, for yourself and others
- Understanding the effects of unhealthy power differentials
- Recognizing the difference between a disgruntled athlete and an athlete in distress
- How to contribute to a safe and healthy environment

PRESENTERS:

- **Bob Wilkie** |
fmr. NHL player & Founder of I Got Mind Inc
- **Shawn O'Grady** |
Mental Health Clinician & Trauma Expert
- **Cory Clouston** |
fmr. NHL, DEL, WHL Coach
- **Tania O'Neill** |
Mental Health Expert & athlete-parent

THIS PRESENTATION IS FOR PLAYERS, PARENTS, COACHES, TEAM STAFFS AND ASSOCIATION MEMBERS/VOLUNTEERS.

Due to the sensitive nature of some of the content, this presentation is suggested for individuals 13 years of age and older

**REGISTER FOR
NOVEMBER 29 @ 7PM**

**REGISTER FOR
DECEMBER 6 @ 7PM**

Spots are limited, register today! To learn more, click here.