



## HOCKEY CALGARY

### Hockey Calgary Atom Advanced Summer Camp

**August 23-27, 2010**

The Atom Advanced Summer Camp will take place from Aug 23-27, 2010 at the North East Sportsplex. The camp will run from 8:00a.m.-4:00p.m. daily. Hockey Calgary will accept the first 30 registrants who register for this camp. The camp will have a 1 instructor to 6 participants ratio providing ample opportunity for instruction. Each day consists of two on ice and two off ice sessions.

The on ice sessions will focus on individual skills through stations and mini games. The camp focuses on increasing the player's skills and knowledge in the game of hockey, in a fun inviting environment. The camp will have a combination of full ice drills and stations based drills.

The off ice sessions will provide participants with an opportunity to do some team building and group activities in a fun atmosphere. For a more detailed description of each of the off ice sessions please see the itinerary attached.

To register for the Atom Advanced Summer Camp please fill out the Hockey Calgary on line webform. The cost for the camp is \$350 including GST. Once you have registered for the summer camp you will receive a confirmation email from Hockey Calgary. Each participant will receive a Hockey Calgary practice jersey and a Hockey Calgary gift.

Please note that this camp is for Atom Aged Players playing in Atom for the 2010-2011 Hockey Season, who played Novice Divisions 1-3 and Atom divisions 1-5 for the 2009-2010 Hockey Season.

Atom Age Group- 9 and 10 yr olds.

Birth Years:

2000

2001

If you have any questions and or concerns please do not hesitate to contact,

Trevor Morgan

Sr. Manager of Development,

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403-245-5773

## Atom Advanced Summer Camp August 23-27

| Aug-23           | Times       | Aug-24           | Times       | Aug-25           | Times       | Aug-26           | Times       | Aug-27           | Times       |
|------------------|-------------|------------------|-------------|------------------|-------------|------------------|-------------|------------------|-------------|
| Registration     | 8:00-8:30   | Registration     | 8:00-8:30   | Registration     | 8:00-8:30   | Registration     | 8:00-8:30   | Registration     | 8:00-8:30   |
| Off Ice Cond     | 8:30-9:45   | Off Ice Cond     | 8:30-9:45   | Off Ice Cond     | 8:30-9:45   | Off Ice Cond     | 8:30-9:45   | Off Ice Cond     | 8:30-9:45   |
| Dress for on ice | 9:45-10:30  | Dress for on ice | 9:45-10:30  | Dress for on ice | 9:45-10:30  | Dress for on ice | 9:45-10:30  | Dress for on ice | 9:45-10:30  |
| On Ice Session   | 10:30-11:45 | On Ice Session   | 10:30-11:45 | On Ice Session   | 10:30-11:45 | On Ice Session   | 10:30-11:45 | On Ice Session   | 10:30-11:45 |
| Lunch- Movie     | 11:45-12:45 | Lunch- Movie     | 11:45-12:45 | Lunch- Movie     | 11:45-12:45 | Lunch- Movie     | 11:45-12:45 | Lunch- Movie     | 11:45-12:45 |
| Off Ice Activity | 12:45-1:45  | Off Ice Activity | 12:45-1:45  | Off Ice Activity | 12:45-1:45  | Off Ice Activity | 12:45-1:45  | Off Ice Activity | 12:45-1:45  |
| Dress for on ice | 1:45-2:30   | Dress for on ice | 1:45-2:30   | Dress for on ice | 1:45-2:30   | Dress for on ice | 1:45-2:30   | Dress for on ice | 1:45-2:30   |
| On Ice Session   | 2:30-3:45   | On Ice Session   | 2:30-3:45   | On Ice Session   | 2:30-3:45   | On Ice Session   | 2:30-3:45   | Feature Game     | 2:30-3:45   |
| Player Pick Up   | 3:30-4:00   | Player Pick Up   | 3:30-4:00   | Player Pick Up   | 3:30-4:00   | Player Pick Up   | 3:30-4:00   | Player Pick Up   | 3:30-4:00   |



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